Councilman LaValle and Councilman Foley Honor Sachem East School Athletes posted on 12/21/2015 10:23:00 AM



Farmingville, NY – At the December 17 Town Board meeting, Councilmen Kevin LaValle and Neil Foley honored Sachem East swimmer Jessica Freund and her coach, Katie Dugan. Jessica was recognized for being a State Qualifier and the first swimmer from Sachem East to win a girl's title at the Suffolk County Championship meet. Also honored at the meeting was the Sachem East Boys Cross Country team for winning the Division and Section XI Championships for 2015. "Congratulations to the Sachem East Boys Cross Country team for winning their Division and Section championships and to Jessica for her groundbreaking accomplishment in winning her school's first girls title. We are truly proud of all these young men and woman." said Councilman LaValle.

"To be a champion, you have to appreciate the big picture because it's about hard work and dedication. Congratulations to the Sachem East Boys Cross Country team and Jessica Freund. You make us all proud with you achievements." said Councilman Foley.

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